



# Richardson Diagnostic Questionnaire-Third Edition

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Highest Grade Completed: \_\_\_\_\_ Allergies: \_\_\_\_\_

Current Medical Diagnoses: \_\_\_\_\_

Current Psychiatric Diagnoses: \_\_\_\_\_

Current Medication: \_\_\_\_\_

0 = Not True   1 = Rarely   2 = Somewhat   3 = Mostly True   4 = Very True

- |   |   |
|---|---|
| 1. _____ onset of episodes of rage and mood swings before two years-old                             | 31. _____ alternating between extreme investment in an activity and disillusionment                               |
| 2. _____ onset of episodes of rage and mood swings before first grade                               | 32. _____ periods of great creativity   |
| 3. _____ onset of episodes of rage and mood swings before high school                               | 33. _____ periods of excessive involvement in pleasurable but risky activities                                    |
| 4. _____ extremely active while in the womb   | 34. _____ periods of increased physical and mental activity   |
| 5. _____ extremely difficult to calm as an infant   | 35. _____ periods of poor judgment  |
| 6. _____ slept erratically as infant  | 36. _____ periods of elevated, expansive or irritable mood  |
| 7. _____ extraordinarily clingy   | 37. _____ periods of decreased need for sleep   |
| 8. _____ mother on medications during pregnancy   | 38. _____ periods of racing speech and pressure to keep talking   |
| 9. _____ mother taking supplements during pregnancy   | 39. _____ episodes of grandiose belief in own abilities that defy the laws of logic (ability to fly, for example) |
| 10. _____ in utero activity which injured mother during pregnancy                                   | 40. _____ episodes of excessive involvement in multiple projects and activities                                   |
| 11. _____ mother severely depressed during pregnancy  | 41. _____ episodes of impaired judgment, impulsivity, racing thoughts, and pressure to keep talking               |
| 12. _____ mother severely traumatized during pregnancy  | 42. _____ episodes of dare-devil behaviors  |
| 13. _____ mother suffering from anxiety issues during pregnancy                                     | 43. _____ episodes of inappropriate or precocious sexual behavior   |
| 14. _____ interruption of oxygen during delivery  | 44. _____ sexual acting out   |
| 15. _____ delivery complications  | 45. _____ persistent states of extreme elation or agitation accompanied by high energy                            |
| 16. _____ mother ill during pregnancy (specify: _____)  | 46. _____ habitually short sleep periods (less than 6 hours per day)  |
| 17. _____ extreme activity in infancy   | 47. _____ extremely extroverted with others   |
| 18. _____ a loss or other traumatic event triggers a first episode of depression or mania           | 48. _____ episodes of expansive or irritable mood   |
| 19. _____ for girls, onset of menses may trigger the onset of symptoms                              | 49. _____ episodes of explosive, lengthy, and often destructive rages   |
| 20. _____ defined mood swings which have continued to occur despite changes in life and stressors   | 50. _____ episodes of defiance of authority   |
| 21. _____ marked changes in mood and energy   | 51. _____ inability to explain the reason behind a behavior   |
| 22. _____ ongoing, continuous mood disturbance  | 52. _____ remorse for behaviors or rage episodes afterward  |
| 23. _____ rapid, severe cycling moods produces irritability and some clear periods between episodes | 53. _____ reacts to antidepressants with an increase in rage or manic episodes                                    |
| 24. _____ episodes of rapidly changing moods lasting a few hours to a few days                      | 54. _____ reacts to stimulants with an increase in rage or manic episodes   |
| 25. _____ episodes of inability to sleep alternating with periods of sleeping too much              | 55. _____ night terrors (awaking panicked or frightened, without remembering any nightmare)                       |
| 26. _____ periods of significant change in appetite   | 56. _____ strong and frequent cravings, often for carbohydrates and sweets  |
| 27. _____ mood changes preceded by headache   | 57. _____ episodes of hyperactivity, agitation, and distractibility   |
| 28. _____ unstable self-esteem alternating with periods of extreme creativity                       | 58. _____ episodes of bed wetting   |
| 29. _____ buying sprees or spending beyond reason   | 59. _____ over sensitivity to certain noises or colors  |
| 30. _____ episodes of excessive and/or extramarital sexual activity                                 | 60. _____ being out of sync   |
|   | 61. _____ sadistic impulses   |
|   | 62. _____ breaking things out of anger  |
|   | 63. _____ morning irritability  |
|   | 64. _____ periods of impulsivity with unpredictable behaviors   |

65. \_\_\_\_\_ periods of being excessively cheerful and optimistic
66. \_\_\_\_\_ periods of withdrawal from activities formerly enjoyed
67. \_\_\_\_\_ periods of drop in grades and inability to concentrate
68. \_\_\_\_\_ periods of thoughts of death and suicide
69. \_\_\_\_\_ periods of pervasive sadness and crying spells
70. \_\_\_\_\_ periods of sleeping too much or inability to sleep
71. \_\_\_\_\_ periods of low energy
72. \_\_\_\_\_ episodes of depression
73. \_\_\_\_\_ persistent states of extreme sadness or irritability accompanied by low energy
74. \_\_\_\_\_ misbehavior which the child states he/she cannot control with sincere remorse for actions
75. \_\_\_\_\_ losing periods of time
76. \_\_\_\_\_ uncontrollable, seizure-like tantrums
77. \_\_\_\_\_ appears to be staring with an appearance of suddenly being disoriented
78. \_\_\_\_\_ rages out of proportion to any event
79. \_\_\_\_\_ the word "no" often triggers rages
80. \_\_\_\_\_ during a rage, becomes violent to the point of breaking things
81. \_\_\_\_\_ during a rage, threatens others with physical violence
82. \_\_\_\_\_ during a rage, has harmed other people
83. \_\_\_\_\_ during a rage, has harmed self
84. \_\_\_\_\_ excessive fascination with knives
85. \_\_\_\_\_ deja vu experiences
86. \_\_\_\_\_ episodes of delusions and hallucinations
87. \_\_\_\_\_ visual hallucinations
88. \_\_\_\_\_ auditory hallucinations
89. \_\_\_\_\_ olfactory (odor) hallucinations
90. \_\_\_\_\_ tactile hallucinations (e.g., bugs on the skin)
91. \_\_\_\_\_ hearing voices others do not hear which tell them to do things (e.g., hurt themselves, harm others)
92. \_\_\_\_\_ history of delinquent behaviors
93. \_\_\_\_\_ history of seizures
94. \_\_\_\_\_ history of exposure to neurotoxins
95. \_\_\_\_\_ history of alcohol or other drug use
96. \_\_\_\_\_ history of sexual abuse
97. \_\_\_\_\_ history of physical abuse
98. \_\_\_\_\_ history of neglect
99. \_\_\_\_\_ history of suicidal thoughts or threats
100. \_\_\_\_\_ history of stopping breathing
101. \_\_\_\_\_ history of head trauma
102. \_\_\_\_\_ history of difficult pregnancy
103. \_\_\_\_\_ history of bipolar disorder or manic depression in the family
104. \_\_\_\_\_ history of eating disorders in the family
105. \_\_\_\_\_ history of obsessive-compulsive disorder in the family
106. \_\_\_\_\_ history of explosive anger problems in the family
107. \_\_\_\_\_ history of schizophrenia in the family
108. \_\_\_\_\_ history of seizures in the family
109. \_\_\_\_\_ history of alcoholism and/or drug addiction in the family
110. \_\_\_\_\_ takes more time in the bathroom than others
111. \_\_\_\_\_ has unrealistic fears
112. \_\_\_\_\_ oppositional behaviors
113. \_\_\_\_\_ excessive concern about things being locked or turned off
114. \_\_\_\_\_ repeatedly checks something because they can not remember if they completed a task
115. \_\_\_\_\_ tends to reprocess (review in their mind) events excessively
116. \_\_\_\_\_ intrusive thoughts or images
117. \_\_\_\_\_ odd or unusual repetition of behaviors
118. \_\_\_\_\_ ritual like behaviors
119. \_\_\_\_\_ episodes of separation anxiety
120. \_\_\_\_\_ repeatedly checking behavior which is excessive
121. \_\_\_\_\_ washing hands significantly more than others
122. \_\_\_\_\_ having to save useless items
123. \_\_\_\_\_ has difficulty with transition from one task to another
124. \_\_\_\_\_ has difficulty letting go of issues or concerns even when the issue has been resolved
125. \_\_\_\_\_ becomes extremely stressed and upset if there is too much disorganization or chaos
126. \_\_\_\_\_ can not unlock focus from items desired
127. \_\_\_\_\_ has to over-disclose details about self to others to reduce anxiety
128. \_\_\_\_\_ has to have things in the environment arranged in a specific manner or order
129. \_\_\_\_\_ can not get to sleep at night because of intrusive thoughts or worries
130. \_\_\_\_\_ uneven quality and quantity of work
131. \_\_\_\_\_ wants to watch same movie or video over twenty times
132. \_\_\_\_\_ fear of taking prescribed medications
133. \_\_\_\_\_ fear of choking on pills
134. \_\_\_\_\_ use of alcohol or other drugs to control mood
135. \_\_\_\_\_ tends to develop addictive patterns of behavior
136. \_\_\_\_\_ has periods where they are awake but appear to be staring and are unresponsive to others
137. \_\_\_\_\_ repeated nightmares of traumatic events
138. \_\_\_\_\_ repeated flashbacks of a traumatic event
139. \_\_\_\_\_ has distressful memories of a trauma in the past
140. \_\_\_\_\_ has experienced significant behavior changes after eating specific foods

**PLEASE NOTE:** This instrument should only be used as part of a comprehensive psychological or neuropsychological evaluation. This is to be used as a method of identifying issues which need to be examined by professionals licensed and competent to appropriately rule out the various differential diagnoses.